



K. L. E Society's

Arts and Commerce College, Gadag

IQAC INITIATIVE

One Day Workshop on " DARE"



Date: 22-02-2019

Time: 12.00 pm

All are cordially invited

ADM
CO-ORDINATOR
IQAC

K.L.E.'s Arts & Commerce College
GADAG

[Signature]
PRINCIPAL
K. L. E. Society's
Arts & Commerce College.
GADAG - BETGERI - 582 101



**ONE DAY WORKSHOP ON "DARE" –DEFENCE AGAINST
RAPE AND EVE TEASING**

Objectives:

- 1) To educate the girl students about the different types of violence against them .
- 2) To provide knowledge about the different tips of self-protection to keep in mind in different situations.
- 3) To show case and give demo on different self defence techniques.

This DARE workshop is targeted to female students of colleges. The practical demonstration will be given by the Female Master Trainers. This workshop is a mix of theoretical as well as practical sessions aimed at training the girls students, in indentifying the treats, building self confidence and defending against common attacks. While on one hand it enquires the complaints and investigates the cases related to dowry and other crimes against women, primarily matrimonial disputes specified in section 498-A and 460 of IPC, on the other hand it caters to children by building a cadre of child-friendly police and child-friendly police stations across the city. The Juvenile Justice model is based on the assumption that children are too vulnerable and immature to pre-empt the repercussions of their impulsive actions. As a Nodal body, it works with various NGOs, schools, colleges and other agencies to gather insights and spread legal and social awareness about various issues concerning women and children in the present times, thereby, striving to create a more enabled and emphatic ecosystem.

Learning Outcome: The learning outcomes from the workshop on Self Defense Programme are:

- 1) The students learnt about the different kinds of violence that may be faced by girls or by women in any place including at home.
- 2) The student participants got different self-protection tips on how to avoid/defend by attacking a potential attacker by using objects or by striking on the soft spots of the attacker, when subjected to physical abuse, violence, crime, etc.
- 3) The students have the chance to see the live demo of the self defence techniques as demonstrated by the trainer and the companion cadets. The workshop concludes with a note on the promise from both the sides that these kind of workshops will be continued in the times to come

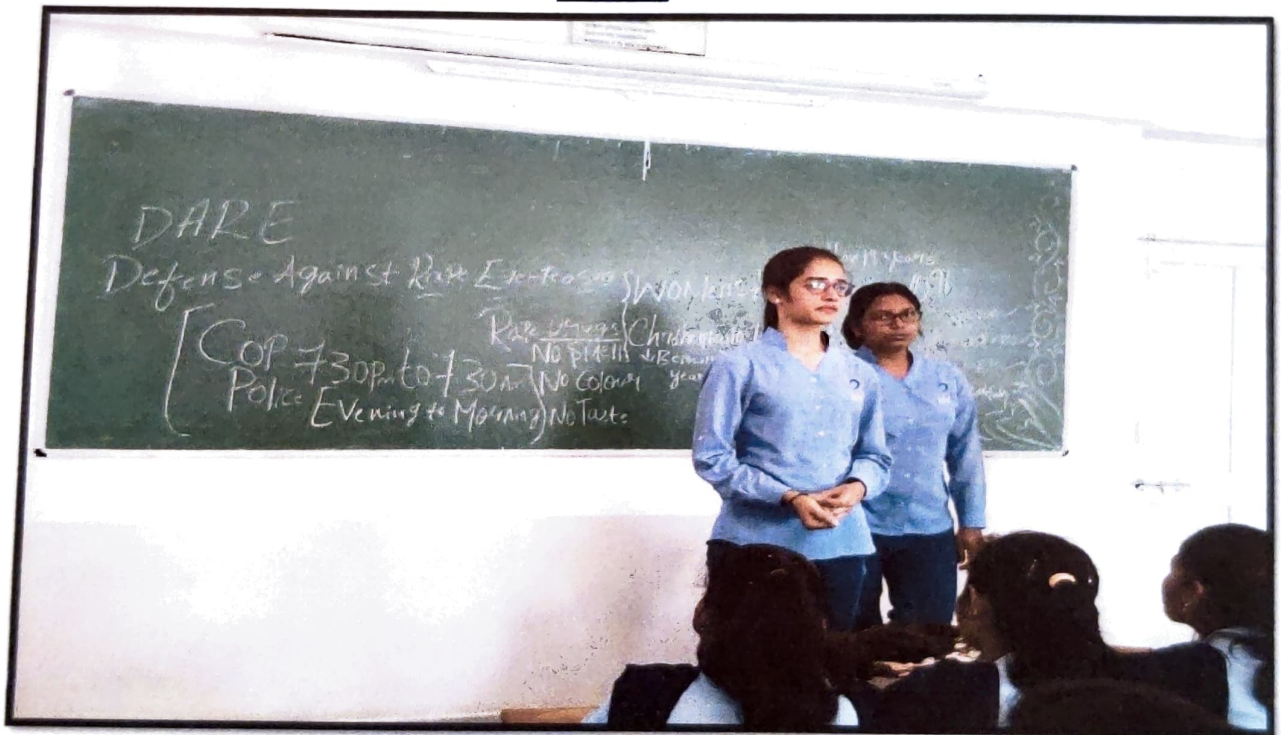

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Master Trainees addressing the Students on Self Defense Techniques on the Workshop DARE held on 22-02-2019



Theoretical as well as practical sessions by the Master Trainer-
DARE



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KLE Society's
Arts and Commerce College, Gadag
Reaccredited with B⁺⁺ Grade by NAAC

CERTIFICATE

This is to certify that Mr/Miss _____
of _____ Class has participated in One Day One day Workshop on "DARE"
held on 22-02-2019 .


CO-ORDINATOR
IOAC
Co-Ordinator
KLE'S Arts & Commerce College
GADAG

Convenorr, WEC


PRINCIPAL
Principal
K.L.E. Society's
Arts & Commerce College
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