

**K. L. E. Society's
ARTS AND COMMERCE COLLEGE,
Gadag – Betageri – 582 101**

Distribution of Tulsi Saplings to Community

Date:23-11-2020

1	Name of the Activity/Event	Distribution of Tulsi Saplings to Community		
2	Date of Activity/Event	23-11-2020		
3	Organized by/Name of the committee	ECO CLUB		
4	Name of the Association	IWC and Rotary Club Gadag		
5	Place of Activity/event	Hatalageri Naka, Gadag		
6	Type of activity/Event	Extension Programme		
7	Activity/Event objectives	The objective of the programme was to make the residents aware regarding medicinal value of Tulsi Plant and to prevent the effect of pollution in nearby area. Basil plant and its various parts are used in case of insect bite, fever, cardiac diseases, gynecological disorders, respiratory problems, skin disorders, etc. Basil has been used since the ancient times for different ailments.		
8	Participation	Students	Faculty	Beneficiaries
		04	05	108
9	Enclosures:	<ol style="list-style-type: none"> 1. Report 2. Photos 3. Press Clipping 4. Registration List 		



CO-ORDINATOR
IQAC
K.L.E.S' Arts & Commerce College
GADAG


PRINCIPAL
K. L. E. Society's
Arts & Commerce College,
GADAG - BETGERI - 582 101

QUEEN OF HERBS-TULSI

An integral part of human nature is to keep our surroundings clean and healthy. It is our duty to adopt our ancestors' diet, Ayurvedic herbs in our daily lives, which makes our elders and grandparents stay healthy. Planting and nurturing many types of flower-fruit saplings at home can also enhance their health. Tulsi is also a queen of Herbs and a hygienic sapling, said Principal Prof M.B. Kolavi at the distribution of Tulsi saplings took place under Eco-Club of K L E Society's Arts and Commerce College, in association with Gadag-Batageri Rotary Club and Inner Wheel Club on 23-11-2020.

Mr Sridhargowda Dharmayat, president of the Rotary Club Gadag-Betageri, said that the health effects of using basil are really surprising. Talking about its use, Tulsi opined that the development of blood vessels, treatment of respiratory distress syndromes, and lowering cholesterol levels. Mrs Suma Patil, president of the Inner Wheel Club Gadag-Betageri, spoke about its uses for basil as basil regulates glucose levels in the blood, improves liver function and also helps with weight loss. Mr. Chandramouli Jali, Secretary of Rotary Club, Dr. Pradeep Ulagalata, members Shri Vishwanath Yalamali, Shri. Shidhar Sultanpur, Mrs. Ashwini Jagatapa, Treasurer of the Inner Wheel Club and Mrs. Vidya Ganjahala, a member of the program were also present at the event. Convener of Eco-Club Smt. Veena Tirlapur welcomed everyone. Shri. G. T. Naik proposed Vote of Thanks.


CO-ORDINATOR
IQAC
K.L.E.S' Arts & Commerce College
GADAG


PRINCIPAL
K. L. E. Society's
Arts & Commerce College.
GADAG - BETGERI - 582 101



Prof M.B. Kolavi at the distribution of Tulsi saplings took place in the Eco-Club of K L E Society's Arts and Commerce College, in association with Gadag-Batageri Rotary Club and Inner Wheel Club on 23-11-2020.



Tulsi Plants ready to Donate

*ARQ*th
CO-ORDINATOR
 IQAC
 K.L.E.S' Arts & Commerce College
 GADAG

PR
PRINCIPAL
 K. L. E. Society's
 Arts & Commerce College
 GADAG - BETGERI - 582 101