



**Dr. Asha Jyothi U H**

Principal,

Government Home Science College  
for Women, Holarisipura, Hassan Dist

**Prof. Vidya D. Nayak**

Principal, GFGC,

Ankola

**Dr. Vijaya U Patil**

HOD, Home Science

GFGC, Ankola

**Veena R Tirilapur**

HOD, Home Science

KLEACC, Gadag

**Dr. A. K. Math**

KLEACC, Principal,

Gadag

# HOME SCIENCE DEPARTMENTS

of

K L E Society's Arts and Commerce College, Gadag

and

Government First Grade College, Ankola

Jointly Organize

**National Level Special Lecture Series:10**

**INTERIOR DESIGN FOR**

**HEALTH AND CAREER**

28th April, 2025,

3.00 pm



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**NATIONAL WEBINAR**

**Special Lecture Series-10: "Interior Design for Better Health and Career" 28-04-2025**

**Resource Person Dr. Asha Jyoti U H, Principal, Government Home Science College for Women, Holenarasipura, Hassan**

**REPORT**

National Level Special Lecture Series was organized in Collaboration with GFGC, Ankola on 28<sup>th</sup> April 2025 "Interior Design for Better Health and Career", National Webinar Dr. Asha Jyoti U H, Principal, Government Home Science College for Women, Holenarasipura, Hassan was the resource person for the Webinar. Around 532 Teachers, academicians, students and Home Scientists registered for the Webinar. Which was in Hybrid Mode and the link of the webinar shared in registered emails as well as in whatsapp as well as in Telegram groups.

Dr. Vijaya U Patil, Asst Professor, GFGC Ankola introduced Dr. Asha Jyoti U H Principal, Government Home Science College for Women, Holenarasipura, Hassan.

Dr. Asha Jyoti U H started her talk presenting the ppt. She expressed that The lecture explored how interior design impacts both individual and collective well-being, as well as career opportunities in the field. It emphasized the importance of creating spaces that are not only aesthetically pleasing but also functional, healthy, and conducive to mental and physical well-being. The lecture also highlighted the growing demand for skilled interior designers and the diverse career paths available within the industry.

**Key Takeaways:**

- **Interior Design and Health:**

The lecture emphasized how interior design choices directly influence physical and mental health. This includes the impact of lighting, color, materials, acoustics, and space planning on well-being.

- **The Importance of Functionality:**

  
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The lecture underscored the need for interior designers to create spaces that are not only visually appealing but also functional, ergonomic, and adaptable to the needs of the occupants.

- **Career Opportunities:**

The lecture highlighted the diverse career paths available to interior designers, including residential, commercial, hospitality, and healthcare design.

- **Sustainability and Innovation:**

The lecture also touched upon the growing importance of sustainable and innovative design practices in the industry, including the use of eco-friendly materials and technologies.

- **Mental Well-being:**

The lecture emphasized the importance of considering the mental well-being of occupants when designing spaces. This includes creating calming, restorative spaces that promote focus, creativity, and overall happiness.

Specific Points Discussed:

- **Lighting:**

The lecture likely discussed how different types of lighting (natural, artificial, ambient, task) can impact mood, energy levels, and productivity.

- **Color Psychology:**

The lecture may have explored how colors can evoke different emotions and how interior designers can use color to create specific atmospheres.

- **Acoustics:**

The lecture probably covered the importance of managing sound levels and minimizing noise pollution in interior spaces.

- **Material Selection:**

The lecture likely discussed the importance of choosing materials that are durable, safe, and environmentally friendly.

- **Space Planning:**

The lecture may have explored how interior designers can optimize space usage, create efficient layouts, and enhance the flow of movement within a space.

- **Sustainability:**

The lecture likely discussed the importance of incorporating sustainable design principles, such as using recycled materials, reducing energy consumption, and minimizing waste.

- **Technological Advancements:**

The lecture might have explored the role of technology in interior design, such as the use of 3D modeling software, virtual reality, and smart home systems.

- **Career Paths:**

The lecture likely provided examples of different career paths in interior design, including residential design, commercial design, hospitality design, healthcare design, and sustainable design.

- **The Future of Interior Design:**

The lecture might have discussed emerging trends in interior design, such as biophilic design, wellness design, and smart home design.

**In Conclusion:**

The lecture presented a comprehensive overview of interior design, emphasizing its impact on health, well-being, and career opportunities. It highlighted the importance of creating spaces that are not only aesthetically pleasing but also functional, sustainable, and conducive to the physical and mental well-being of the occupants. The lecture also underscored the growing demand for skilled interior designers and the diverse career paths available within the industry.

Both the Principals of the College Smt Vidya D Nayak of GFGC Ankola and Dr. A. K. Math of KLE Society's Arts and Commerce College, Gadag attended the webinar. This webinar attended by the participants from, Tamilnadu, Andrapradesh, Bihar, Telangana, Rajasthan, Delhi, West Bengal, Maharashtra, Assam Bihar and UAE ... etc. Total we received 249 Feedback from the participants. All of them received the certificates of Participation. Prof Veena Tirapur, Organizing Secretary of the webinar proposed vote of thanks.

  
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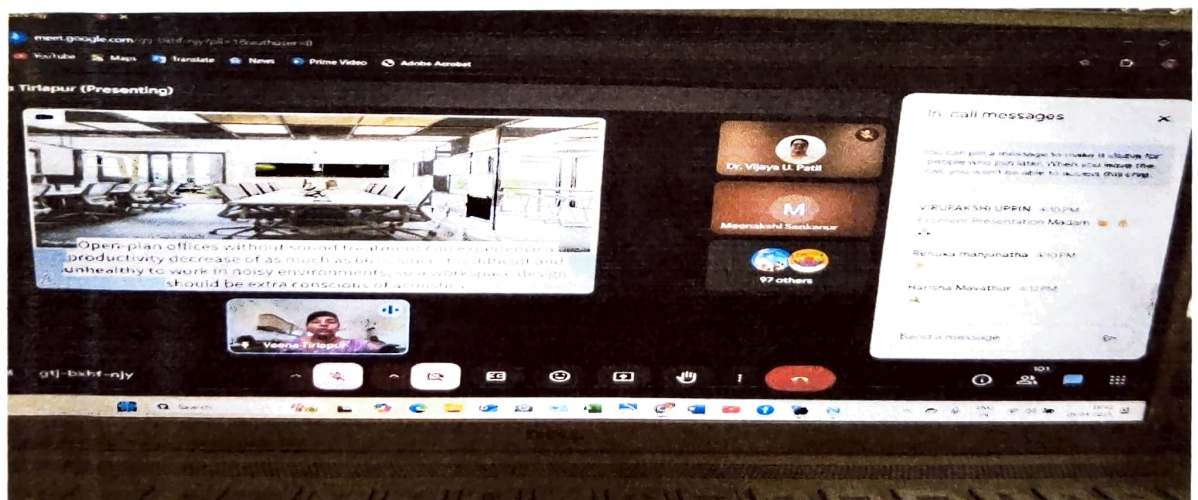
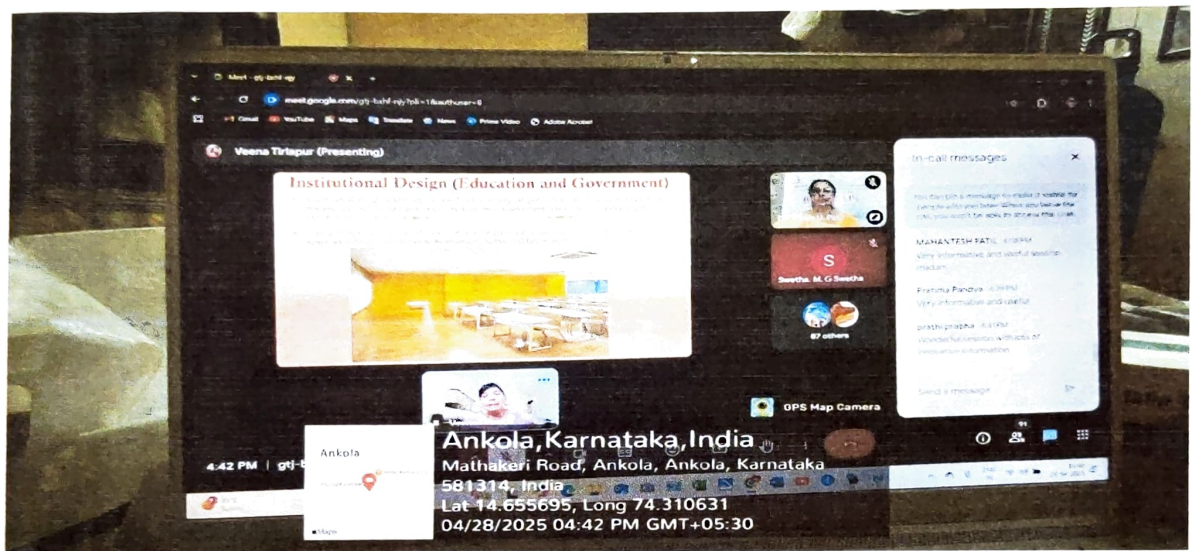
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**Collaborative Activities: In Association with GFGC, Ankola.**  
**NATIONAL WEBINAR**

**Special Lecture Series-10: "Interior Design for Better Health and Career"**  
**28-04-2025**

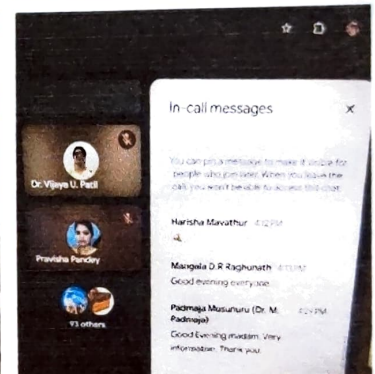
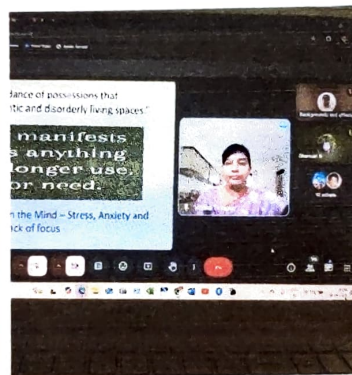
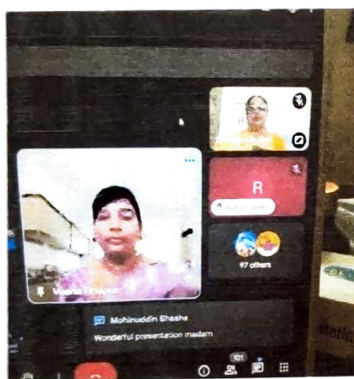
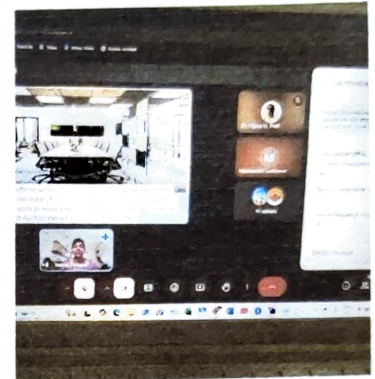
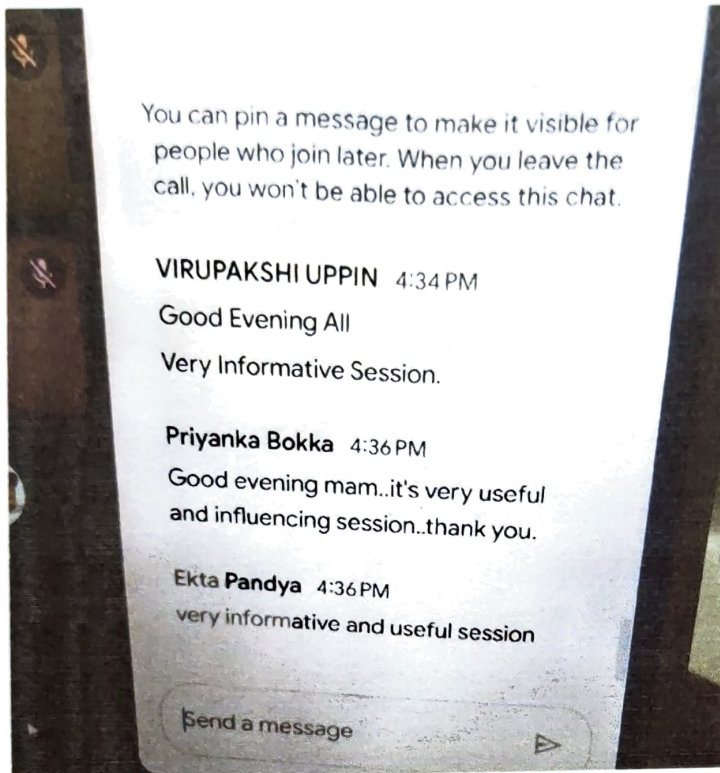
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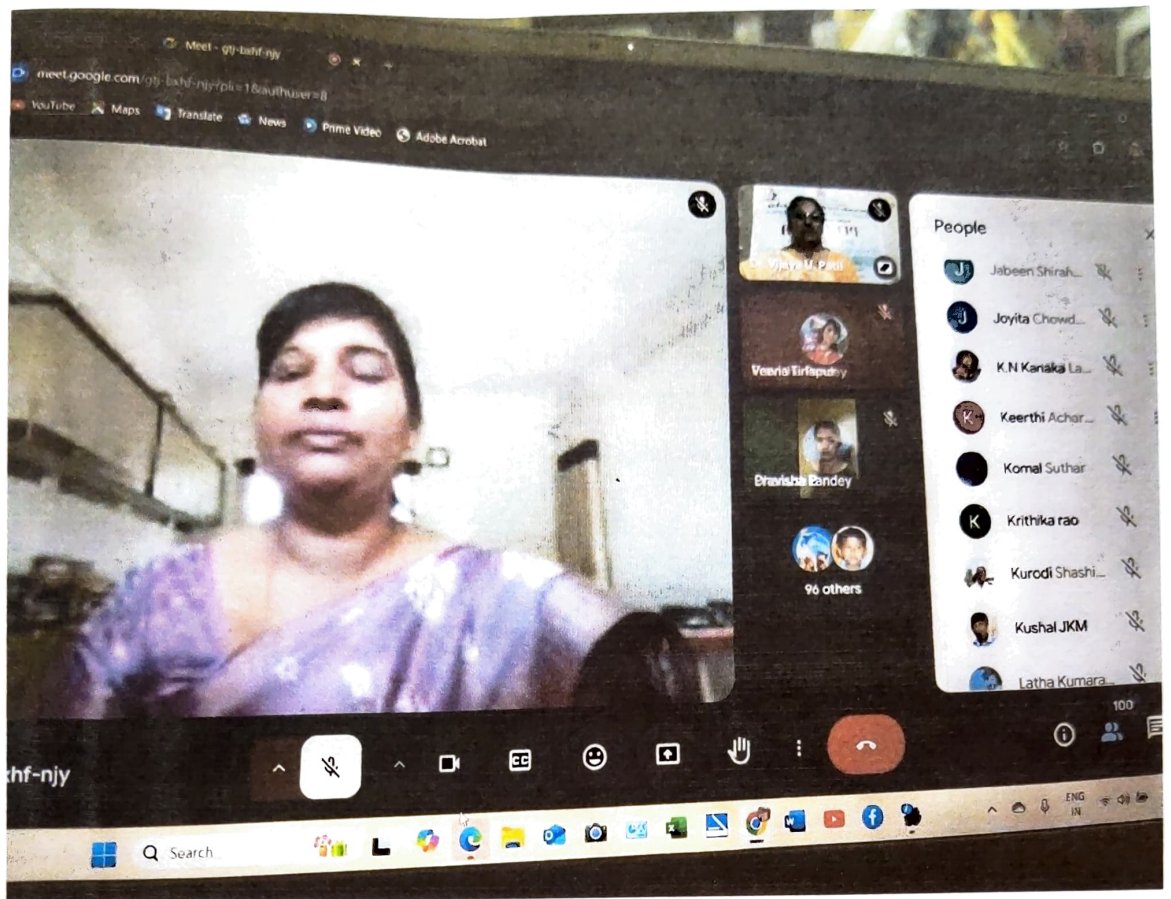
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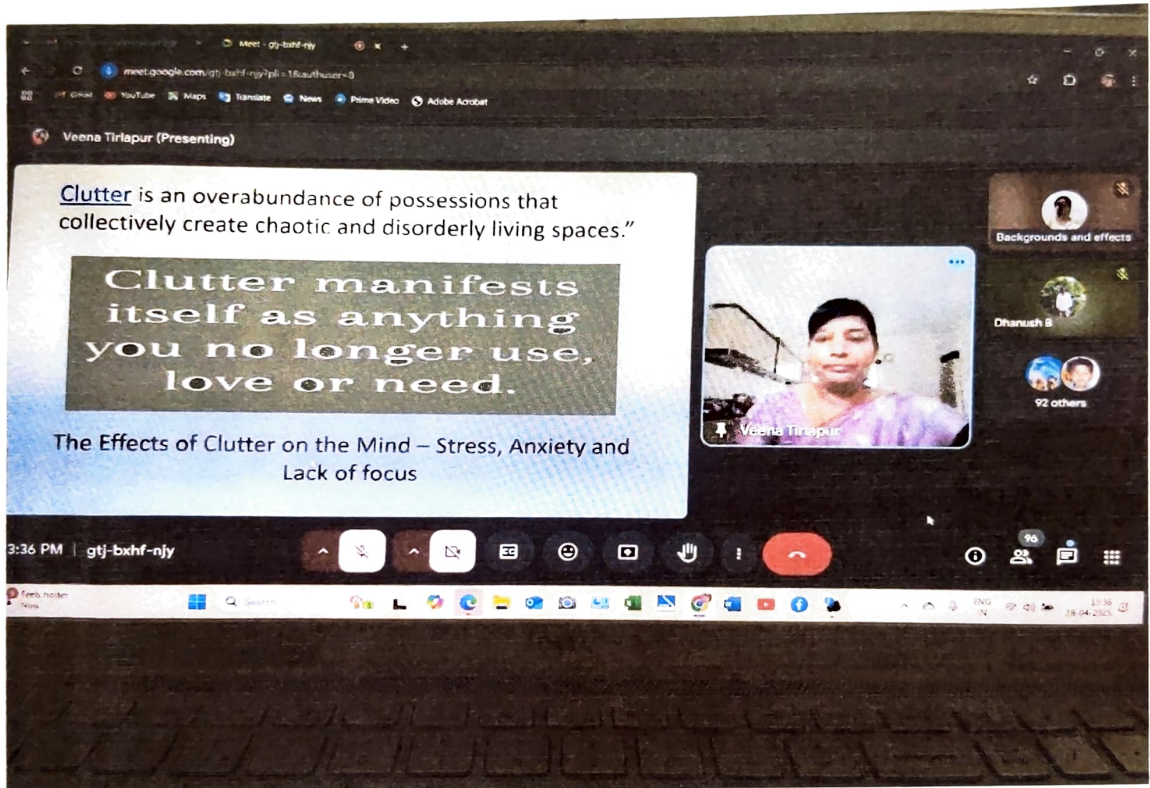
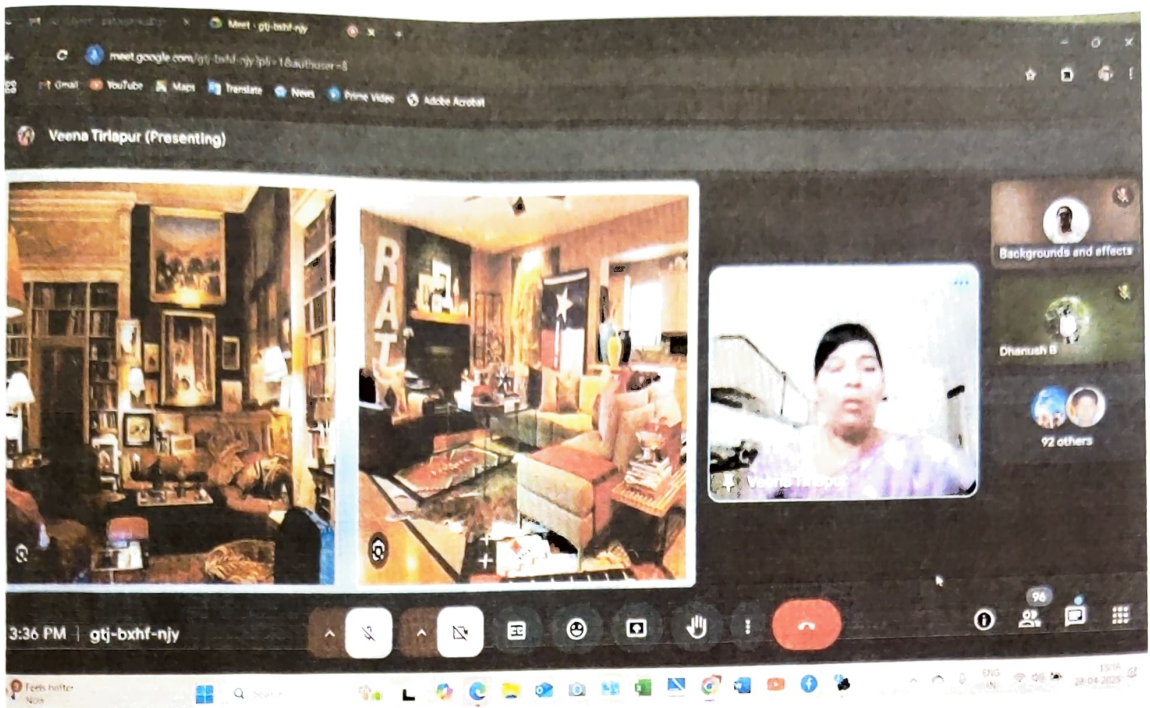
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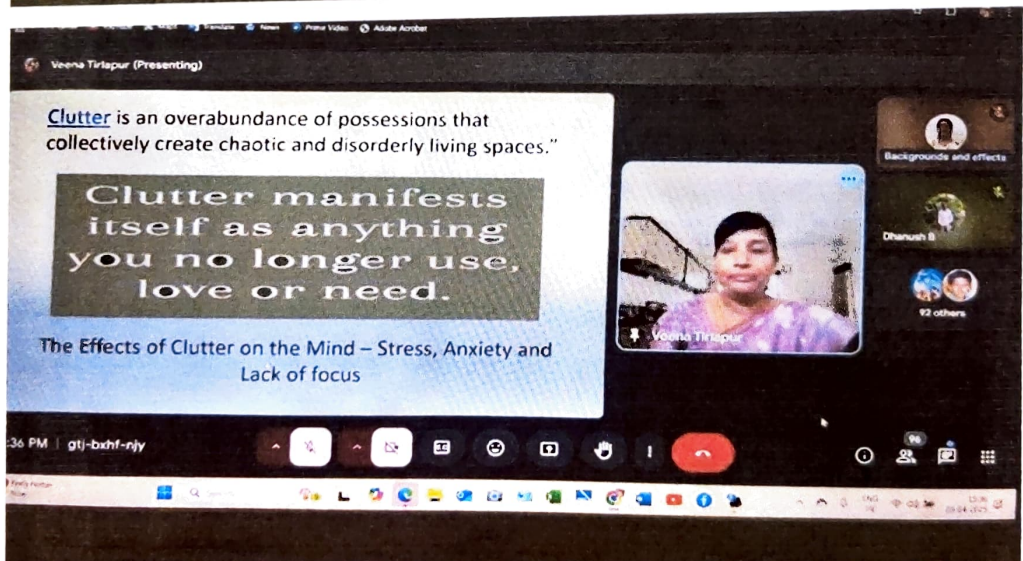
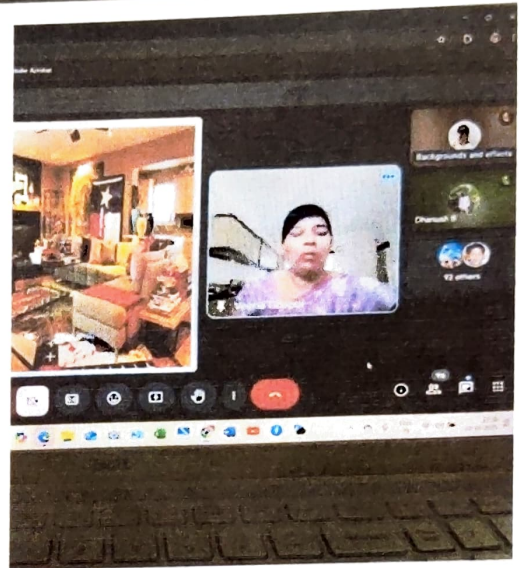
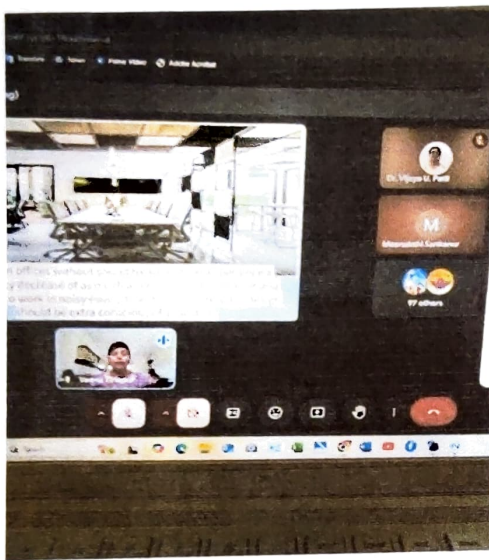
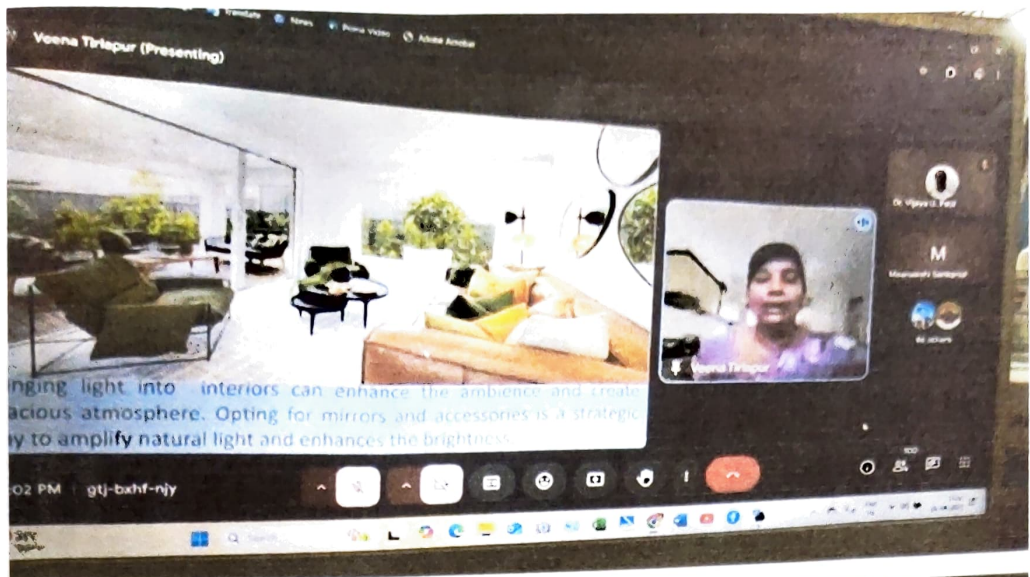




  
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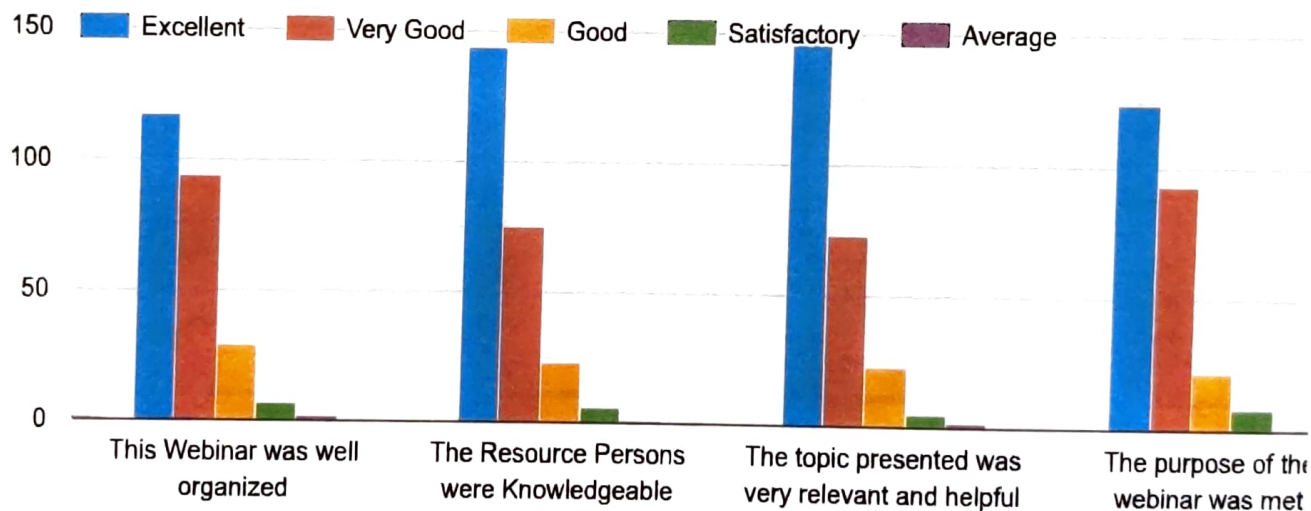
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149 more responses are hidden

Please respond to the following Quotation by using the rating scale below

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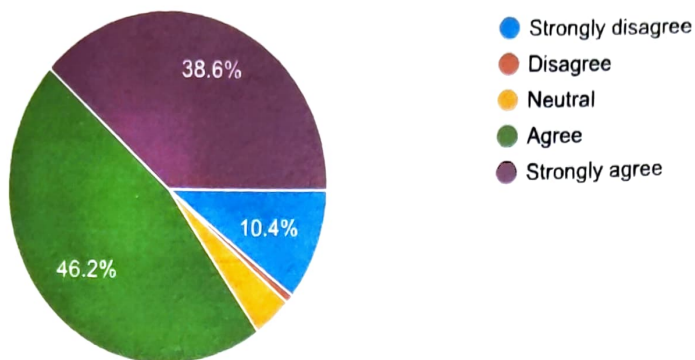
  
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As the result of this webinar i gained the knowledge

249 responses

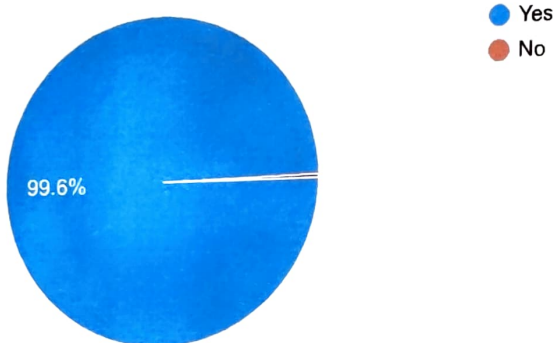
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I am willing to join such sessions if an opportunity comes in future

249 responses

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Any suggestions  
249 responses

No

Good

Nothing

Nil

No

Good

Good session

Very informative session

Overall good

Excellent

All good

NA

Nice session

Very nice

No suggestions

Only to verify the network issue. Thank you.

Overall session is excellent, I have gained knowledge. Thank you.

Current health issues can be addressed

Thankyou for the opportunity.

  
CO-ORDINATOR

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It was informative session

Please conduct some more webinars like this

Looking forward for more similar events.

Lecture series on Home science is an Innovative idea

Presentation was good

Very good session

Such a useful session it was

This kind of session can held more in future

Wonderful and informative session

Nice

It's very informative. Thank you

Good job

Inform me if any webinar comes

Very Informative

Some topic related research trends

Organize more such programmes

Time was lagged and the presentation displaying was took more time

Thanks

Na

Very good webinar

Thank you for your valuable session.

The lecture was very informative and fruitful

Keep it up

  
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Excellent presentation

Start the webinar on time and take care of the voice quality next time

Everything was good

This type of workshops expected in future

Overall it was good webinar

Try to join all the participants, after soo many attempts we got joined ,someone in the meeting was declining our request of join. Useful explanation

NEED MORE WEBINARS

Much more to come

Very Good session

Technical issue must be avoid. It's nice talk from veena madam.

Google meet should be clear

Give opportunity to interior designer for developed knowledge

Conduct more webinars

Excellent session

Overall good n informative

Very nice informative thanks

Little bit disturbance due to network issue

Very good.

In future , if possible, organize Interior decoration and sustainability

ಇನ್ನು ಉತ್ತಮ ಸೆಮಿನಾರ್ ಗಳು ನಿಮ್ಮಿಂದ ಮೂಡಿ ಬರಲಿ. ಉತ್ತಮ ವಿಚಾರಗಳು ಬದುಕಿಗೆ ಬೇಕಾದವುಗಳು.

Organic food

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Government of Karnataka, Department of Collegiate Education  
**DEPARTMENT OF HOMESCIENCE OF**  
Government First Grade, Ankola

**K.L.E Society's Arts and Commerce College, Gadag**  
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# CERTIFICATE OF PARTICIPATION

THIS CERTIFICATE IS PRESENTED TO

*Ar Sneha Manjunath*

The participant who has participated in the National Level Special Lecture Series-10 held on 28<sup>th</sup> April, 2025 on the topic "Interior Design for Better Health and Career" and has provided valuable feedback.

**Dr. A. K. Math**  
Principal, KLESACC,  
Gadag

**CO-ORDINATOR**  
KLES Arts & Commerce College,  
Gadag

**Prof Vidya D. Nayak**  
Principal, GFCC,  
Ankola