



K. L. E. Society's

Arts and Commerce College,

Re- Accredited by NAAC in 4th Cycle with "A" Grade

GADAG, KARNATAKA. INDIA -582101

Collaborative Activities: In Association with GFGC, Ankola.

National Webinar on "Understanding Gut Microbes for better Health" 27-09-2024
Resource Person: Dr. Girijamma Mulimani, Asst. Professor, Government Women's College,
Dharwad

FLYER



Nutrition Month September -2024
Home Science Departments
of
**Government First Grade College Ankola &
K L E Society's Arts and Commerce College Gadag**
Jointly organise



Dr. Girijamma Mulimani
Assistant Professor
Government Women's college Dharwad

National Level Online Special Lecture Series-9
Understanding Gut Microbes
for better Health

27th September 2024
3pm



Dr. A.K.Math
Principal
KLEACC Gadag

Veena Tirlapur
HOD Home Science
KLEACC Gadag

Dr. Vijaya U. Patil
HOD Home Science
GFGC Ankola

Dr. Sharada S. Bhat
Principal
GFGC Ankola

All are cordially invited

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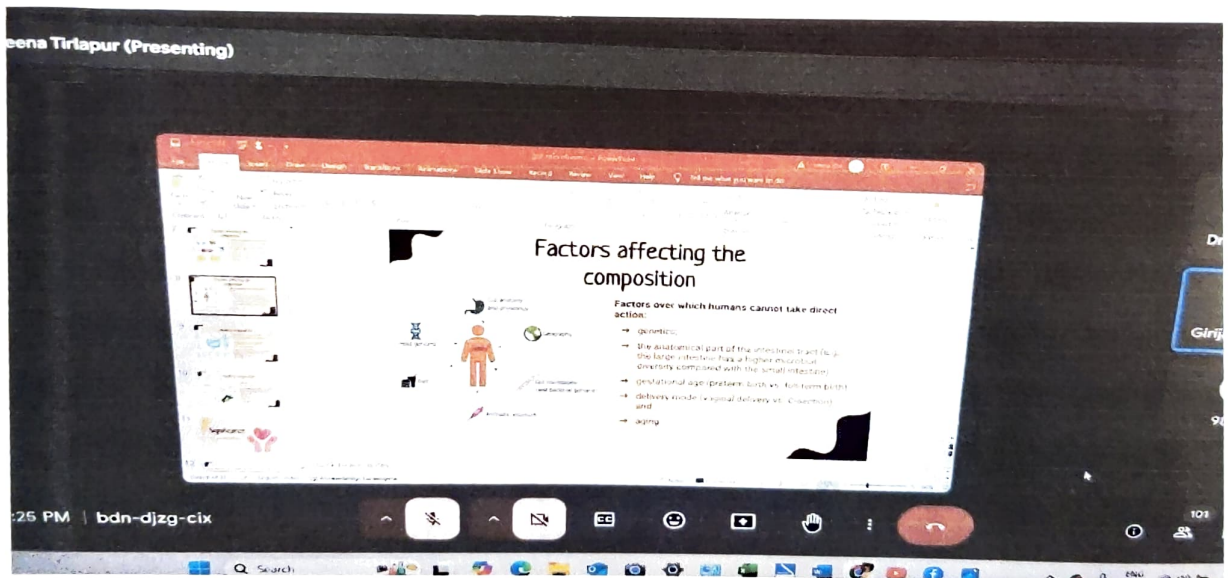
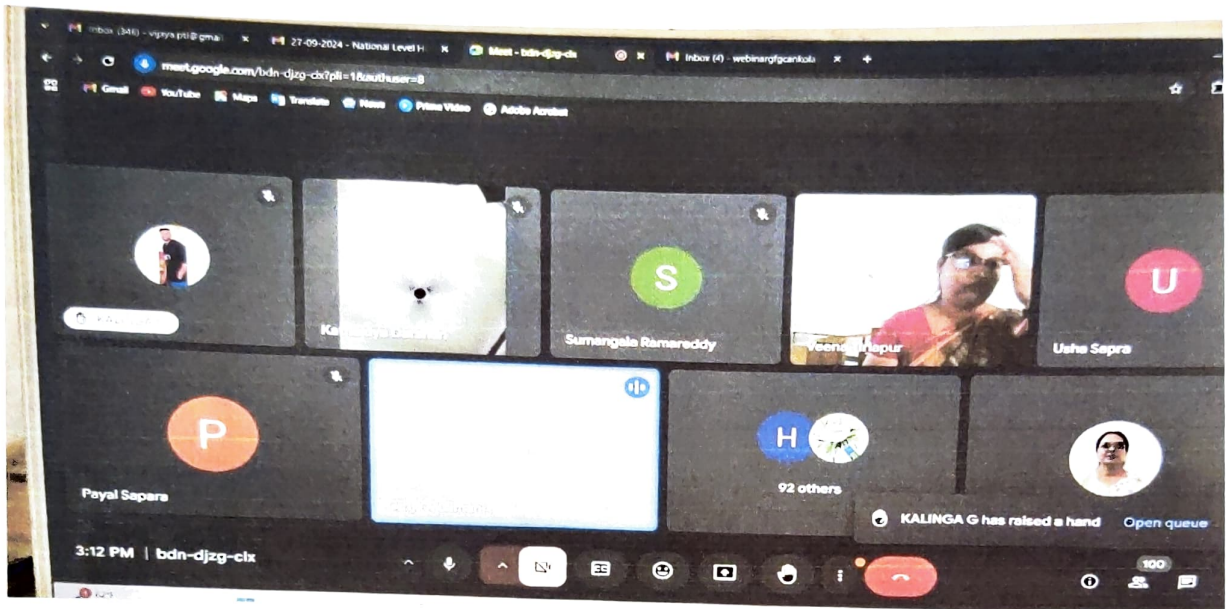
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PHOTOS



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REPORT

National Level Special Lecture Series was organized in Collaboration with GFGC, Ankola on 24th May 2023 on the eve of International Year of Millets. **Ms. Sylvia Borgis, Asst. Professor, Dept of Food Science and Nutrition, UAS Dharwad** was the resource person for the Webinar. Around 755 Teachers, academicians, students and Home Scientists registered for the Webinar. Which was in Hybrid Mode and the link of the webinar shared in registered emails as well as in whatsapp groups. Prof Vijaya U Patil of GFGC introduced **Ms. Sylvia Borgis**.

Ms. Sylvia Borgis started her talk presenting the ppt. She expressed that Gut bacteria are an important component of the microbiota ecosystem in the human gut, which is colonized by 1014 microbes, ten times more than the human cells. Gut bacteria play an important role in human health, such as supplying essential nutrients, synthesizing vitamin K, aiding in the digestion of cellulose, and promoting angiogenesis and enteric nerve function. However, they can also be potentially harmful due to the change of their composition when the gut ecosystem undergoes abnormal changes in the light of the use of antibiotics, illness, stress, aging, bad dietary habits, and lifestyle. Dysbiosis of the gut bacteria communities can cause many chronic diseases, such as inflammatory bowel disease, obesity, cancer, and autism. This review summarizes and discusses the roles and potential mechanisms of gut bacteria in human health and diseases.

Both the Principals of the College Dr. Sharada Bhat of GFGC Ankola and Dr. A. K. Math of KLE Society's Arts and Commerce College, Gadag attended the webinar. This webinar attended by the the participants from, Tamilnadu, Andrapradesh, Bihar, Telangana, Rajasthan, Delhi, West Bengal, Maharashtra, Assam Bihar...etc. Total we received 335 Feedback from the participants. All of them received the certificates of Participation. Prof Veena Tirlapur, Organizing Secretary of the webinar proposed vote of thanks.


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1. What percentage of the information was new to you?

335 responses

100% 75% 50% 25% 0% 24.5% 35.5% 35.5%

100% 119

75% 119

50% 82

25% 15

0% 0

2. Would you like to learn more about this topic? 335 responses

Yes No 98.8%

Yes 331

No 4

3. Please rate the speaker's knowledge of the topic: 335 responses

Excellent Good Fair Poor 35.5% 64.2%

Excellent 215

Good 119

Fair 1

Poor 0

4. Please rate the speaker's presentation skills 335 responses

Excellent Very good Good Fair Poor 11.9% 41.2% 46.6%

Excellent 156

Very good 138

Good 40

Fair 1

Poor 0

5. How accurate was the session description? 335 responses

Excellent Very good Good Fair Poor 16.1% 41.8% 42.1%

Excellent 141

Very good 140

Good 54

Fair 0

Poor 0

6. How did the session compare to your expectations? 335 responses

Excellent Very good Good Fair Poor 17.9% 37.9% 43.6%

Excellent 146

Very good 127


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Good	60
Fair	2
Poor	0

7. Overall session evaluation:

335 responses

Excellent	Very good	Good	Fair	Poor	14.3%	37.3%	48.4%
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Excellent 162

Very good 125

Good 48

Fair 0

Poor 0

8. Please rate your overall experience:335 responses

Excellent 199

Very good 135

Good 0

Fair 0

Poor 0

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Government of Karnataka, Department of Collegiate Education



DEPARTMENT OF HOME SCIENCE OF Government First Grade College, Ankola

&
K . L . E Society's Arts and Commerce College, Gadag

CERTIFICATE OF PARTICIPATION

This is to certify that

has participated in the National Level Special Lecture Series-9 held on 27th Sept. 2024 on the topic "Understanding Gut Microbes for Better Health" on the eve of Nutrition Month:2024 and has provided valuable feedback.


Dr. Sharada Bhat

Principal, GFGC,
Ankola


CU-ORIENTATOR

**K.L.E. Society's
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Gadag**


Dr. A. K. Math

Principal, KLESACC,
Gadag